



Westmorland Primary School Emotional Health and Wellbeing Provision Map 2026

	Universal Support	Targeted Support	Individual support
Children	All staff are ACES trained All staff are Orange umbrella trained Staff are team teach trained All staff are CPOM trained Full time, out of class safeguarding team Daily communication Meet and greet/Staff on playground Open door policy Delivery of a new, progressive skills PHSE curriculum, with high quality lessons Zones of regulation used in each class Makaton and visuals used in each class WARRIOR values and rewards Certificates/stickers/praise pads/praise Sports coaches at lunchtime and after school After school clubs of interest to children Mindfulness activities and brain breaks Subsidised breakfast club Attendance raffles and prizes Vending machines in school Assemblies – sing and sign, e-safety, mental health week	Assigned Learning mentor group work Emotional wellbeing officer Check in's with designated staff Support at dinner time and play times – Quiet place to eat if needed Lego therapy Social skills groups Drawing and Talking therapy Talking mats Attendance work completed with mentors Emotional Based School Avoidance/Anxiety Based School Avoidance (ESBA/ASBA) work implemented Speech and Language group work and whole class work Emotional Literacy Support (ELSA) Year 6 targeted workshops: Knife crime, hate crime, e safety	Counsellor on site weekly for 1:1 therapy SEMH targets on SEND support plans/EHCP's CAMHS referral Neuro-Diversity team referral Primary Jigsaw referral Individual therapy plans created by SALT – 1:1 therapy
Families	Large pastoral team/SLT to speak with daily	Team around the school meetings Referrals to Health visiting team Referrals to parenting classes Referrals for Family Support workers Referrals for intervention workers Referral to Early help/Family hub Early Help Assessments Drop ins weekly/half termly with the school nurse	Counsellor on site weekly for 1:1 therapy Referrals to MASSH Social worker interventions Child protection meetings/TAC/Children in our care meetings Winstons Wish Beechwood Counselling



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		Signpost OU, OWLS, SWA, TPA, Job centre, Financial, DWP, support, Stockport Homes Pre-Tac meetings Attendance meetings Zarach Referrals Babybank referral Youth Justice Referral	
Stakeholders	Dress down Fridays for staff Staff briefings Staff treats PPA off site and with partner teachers Staff wellbeing products gifted Free food Attendance raffles Workload decreased where possible Supportive team Praise	Push doctor account for staff to use in a quicker time frame Check ins with staff Time out of school for dependants Time out of school for Children's school events	Counsellor on site weekly for 1:1 therapy - in school time Offer of online appointments Timely referrals to BEACON therapy – in school time and out of school time